

BRISBANE NORTH CANCER SUPPORT GROUP PROGRAM ~ 2024

January 5	Coffee & Chat
February 2	“Laughter Yoga” with Heather Joy
March 1	Question Time
April 5	Tai Chi with Rod Ferguson
May 3	Cameron Fleet—Podiatrist from “Complete Feet”
June 7	Jamie-Lee Kennedy Burnie Brae
July 5	Dr Ann Solari—Anglican Cathedral
August 2	The latest on Nutrition with Cathi Lowe
September 6	“A Social Worker’s Perspective” on caring for yourself Liz Mosis
October 4	“How exercise can help me” Kristin Murray (exercise physiologist), Ashleigh Gilligan (physiotherapist)
November 1	An entertaining morning with Dr Schlect (radiologist)
December 6	“Musical Morning Tea” The Bayside Divas



The Group aims to provide:

- A place to be at ease
- A place to find peace and relax
- A place to talk with others
- A place to hear information
- A place to be listened to
- A place to be loved

For further information please contact:

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